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PAS LECTURE #5

A-U DIMENSION IN PARANOIA & IMMATURITY

(This lecture will cover the importance of "A" and "U" in relation to paranoia and in relation to immaturity.)

When an individual is "A", the role playing it represents (the suggestibility, the awareness of how to respond appropriately socially) has a tendency to mask the negative qualities of the initial response state (the primitive personality make-up of the individual). Consequently, the A individual is much more likely to live a considerable period of time without making very many modifications to his primitive personality constellation. In other words, the A individual can remain more primitive: (1) if he's ER, he's going to be a primitive ER (EuRu) behind his A; and (2) if he's IR, he's going to be a primitive IR (IuRu) behind his A. This is primarily important in the pre-adolescent period in an individual's life. The reason for this, in a sense, is that as the A-individual grows up, the quickness and the apparent sensitivity that he has of being able to respond to social cues so appropriately, always lead others to believe that the A-individual is developing more maturation than he really is.

Example: (ERU child and ERA child in the 1st grade) Both are going to be overactive children (because they're ER). The ERU child is going to be overactive in a demanding manner on the basis of which the child's self-centeredness, his selfishness, his demanding his own way is relatively obvious to the teacher; and the child becomes a behavior problem to the teacher. On the other hand, although the ERA child is also overactive, the teacher is likely to react with considerably less hostility; the child is likely to be thought of as being a nuisance -- but a cute nuisance -- and there will be a tendency to overlook; there will be less

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pressure on the ERA child to calm down in the same way as the ERU.

Example: (When the ERU and ERA begin to learn to read) the ERA child is going to start to read in a very overactive way and the teacher is likely to respond, "Charlie, I know you understand..." In other words, the teacher is going to think the child is better at reading than he really is. On the other hand, the teacher is likely to be convinced that the ERU child can't read; therefore, the teacher will put the ERU under a tremendous amount of pressure to constantly prove to the teacher that they can read. Consequently, when in the 4th grade, the ERU child may actually be able to read better because he has been under so much pressure to prove that he can read. Whereas, the ERA child is likely to have made the teacher think they can read, and the teacher will not recognize until a much later time that the ERA has not learned to read as well as they thought the child could.

(IMMATURITY) An ERA child is likely to be able to perform so well in relatively appropriate, socially effective ways in the first 10-11 years of his life that it is not until the individual is at the period of adolescence that anyone begins to recognize that behind the facade of the ERA's apparent social maturity, he really has not developed as much social maturity as is expected.

An ERU adolescent, because he is put under tremendous amount of pressure to develop social poise, social skill, reading skill, intellectual skill, etc., that he then begins to be a very mature teenager. Where, the ERA suddenly begins to move out in terms of being a very immature teenager because they still are likely to react in quite selfish, self-centered ways.

Example: (1st grade class president) The ERA child (unlike the ERA) is

likely to be a much quieter, much more attentive, "solid citizen" of the class from the teacher's viewpoint. They're not disruptive -- not even "cutely disruptive" like the ERA -- and they seem to be very calm, very sedate, very responsive. Consequently, the child who is likely to be elected president of the 1st grade is almost always going to be an IRA, on the basis of which he is going to get, without any effort, a great deal of PEER ACCEPTANCE very early in his school experience. The IRA doesn't have to fight for peer acceptance.

The ERA is likely to have contradictory peer acceptance -- a lot of people will like him very much, and a good many won't like him; and there is likely to be much more social conflict in the early period of time in the ERA than in the IRA.

The ERU's and the EFU's are likely to be the ones who want peer acceptance, and are unable to get it. The IRA and the IRU, in a sense, are indifferent to peer acceptance because the IR and IF constellation are individuals who have a considerable amount of capacity for successful, independent, self-sufficient kinds of existence. In other words, a characteristic of the IF, IR initial response state is that the individual is so self-sufficient and, in a sense, so socially independent, that there is a real danger that they may never move in the direction towards taking any kind of responsibility or any kind of awareness in relationship to their social, inter-personal responsibilities. They have to learn to want to be accepted by their peers, and certainly do not have to work very hard to get that acceptance.

The ER or the EF have a considerable amount of need for reciprocal interaction. They have considerably more social dependence and more need for the way to interact and to involve. So the IR child (particularly the IRA) can grow up as a highly self-sufficient, quite independent, quite

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narcissistic kind of an individual behind the facade of his apparent social adaptability; and the older he gets and the more secure he becomes, the less he is likely to move in the direction of trying to work in any particular kind of way to gain acceptance or to earn the right to be accepted. So you get an IRA child who is likely not to be put under very much pressure to develop a sense of responsibility and who will look like he's more responsible than he is; then when he becomes an adolescent, on the basis of which he has to be relatively less self-sufficient and more socially responsible, he is likely to move in the direction of not being mature enough to be able to take responsibility. Example: An IRA or IFA growing up with very little learning in the sense of taking responsibility, can be unrealistic enough that by the time they are 15-16, they are likely to get married (in an unrealistic way). There are many more IRA children who are likely to get married in an idealized kind of a way at the age of 16 or 17, and be totally incapable of the responsibilities that go along with it because there isn't anyone there to take care of them in the same way they were taken care of prior to their adolescent period.

The ERU and EFU are likely to have to learn over a long period of time ways of trying to earn peer acceptance. EXAMPLE: The president of the junior class in high school is almost never the IRA child who was elected president of the 1st grade class -- it is the ERU, in many instances, who has worked very hard over a period of time to learn to behave in the kind of way on the basis of which he gets peer acceptance because he wants to be president of the junior class, and works for it in a different kind of way.

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PAS LECTURE #5

EuRuAu : EuRuAc : EuRcAu

The previous lectures have concentrated on the initial response state reactions to I-E, R-F, U-A essentially to be able to build a foundation in order to give some idea of the compensatory structures that change it.

ERA. In the initial response state: "E" -- the individual is aware of, receptive to, responsive to an externalized kind of environment, overt behavior, overt emotionality; "R" -- insulated, literal, imitative, perseverating, self-centered (in a way which is interpreted as "selfish"); "A" -- socially, interpersonally suggestible/responsive, not particularly negativistic to control, ability to move in the direction of being socially appropriate, and masking a certain amount of the immaturity of the other types of adjustments.

The above is the constellation of the initial response state of the ERA; but, in terms of the patterns of compensation, the first basic personality stage would be EuRuAu. (The lower case "u" or "c" or "o" placed after the capital letter designating the initial response state indicates the modifications, changes, and adaptations the person is beginning to make against his primitive initial response state characteristics.) Consequently, an adjustment of EuRuAu is an indication that the individual has made very little modification to his initial response state. His basic personality adjustment is that he has made very little modification of E, he has made very little modification of R, and he is able to make this adjustment because he is Au which enables him, in a sense, to exploit his social suggestibility -- he is masking his immaturity.

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The EuRuAu adjustment state is the "era" basic personality adjustment which means that the individual is going to be quite overt in his emotionality, quite selfish and self-centered in the way in which he grows up, but will be able to mask a great deal of it by his social adaptability, his social facility, and not, particularly, by his control. A characteristic of the era basic adjustment is that this kind of an individual is going to be extremely susceptible to control or guidance by external authority or external factors. Because the primary adjustment mode is in the Au direction (that is, social adaptability, social susceptibility), this in an individual who has a considerable capacity (at least fundamentally) to do most anything that the people around him want him to do -- he becomes a suggestible kind of an individual.

Very often in a military service, it is quite possible for a primitive ERA individual to make an "era" adaptation, and be successful in the military service because the military service has highly structured discipline on the basis of which the individual is prevented from being too primitive. Example: The merchant marine individual who can remain extremely effective, useful, and productive as long as he's aboard ship, but as soon as he gets on shore leave, he is likely to become extremely EuRu in a completely selfish, self-centered involving kind of a way. Therefore, the adjustment, to a certain extent, of the EuRuAu individual is dependent upon the kind of structure, the kind of guidance, the kind of milieu in which he is forced to operate. These people tend to be very dependent and they can be quite loyal; if you support them and keep them from doing bad things, the individual is likely to be very effective. But anytime you take him out of control or away from authority, he is likely to become quite inadequate, quite psychopathic. You'll find a lot of EuRuAu's in prison where the following phenomenon may be observed:

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the individual got into prison because they did something they wanted to do, yet they make a very good adaptation in prison because they respond very well to the control and the discipline that the prison provides for them. Hence, you get the recidivist, who adapts so well when he is in prison that you let him out; and then, because he is out of the continual control, he immediately moves back in the direction of era.

EuRuAc. In the ERA constellation, the EuRuAc adjustment is the eru* basic personality adjustment. This indicates that the individual has remained relatively primitive, relatively unchanged and relatively unadapted. The primary indication in this respect is that the individual is reacting against social susceptibility. He is reacting against his tendency to be completely dependent upon what other people want him to do; but behind this reaction, he is still a very responsive, very selfish individual although he is reacting against it and begins to be hostile against certain kinds of social pressure. Therefore, the presence of the Ac in the EuRuAc means that the individual is going to be rather immaturely and poorly disciplined in the manner in which he reacts, responds, revolts against social susceptibility, against social direction. EuRuAc is designated by eru*; u* means that the A-individual has compensated his A tendencies moving in the direction of U -- thus the Ac is a u* basic personality adjustment in contrast to the Uu which is designated by the lower case letter "u" with no special markings such as a star or asterisk. The eru* individual is going to be characterized by being extremely aggressively resistant and hostile against social behavior.

The EuRuAu can often be a psychopath. He is a psychopath because he is likely to exploit and use and take advantage of his social susceptibility in terms of satisfying his own particular sensual, self-satisfying, selfish needs.

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The EuRuAc, on the other hand, is better described as sociopathic in the sense that he is likely to be much more aggressive, much more hostile and consequently, there can be a certain amount of extreme unpleasantness associated with this adjustment. Also, the EuRuAc individual is going to be much more inclined and much more interested in moving away from any kind of social stimulation. Therefore, the primary manifestation of an EuRuAc individual is likely to be the hermit, the recluse, the hobo, or the (so-called) simple schizophrenic -- on the basis of which the EuRuAc works very hard at maintaining themselves and being relatively aggressively hostile against making any particular kind of social, interpersonal relationships. (It would be almost impossible for an IuRuAc to maintain himself as a recluse because that adjustment is essentially a schizophrenic reaction on the basis of which it is absolutely necessary for someone to take care of them. You put an IuRuAc individual in a hospital because of the fact that he does nothing for himself.) The EuRuAc actually can go into a reclusive state and maintain himself by refusing to respond or relate to any of the particular social demands that are being placed on him from the outside. However, it would be very hard for an IR to become a recluse because if he gets too reclusive, he loses touch. The EuRu is reclusive, but he's reclusive primarily in avoiding social contact, and he is likely to maintain himself very effectively.

Historically, the best examples of effective EuRuAc individual are the so-called "mountain men" in the early period of the United States -- the fur traders.

The EuRuAc (unlike the EuRuAu) is going to be very resistant to authority. (The EuRuAu is going to respond very well to authority.)

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EuRcAu -- Au indicates a certain amount of awareness, of responsiveness, a capacity to respond to social direction and social control; Eu indicates that the individual is still more E in the way he's reacting and relating (he's making very few changes or compensations in terms of his E orientation); Rc -- the difference between an Ru individual and an Rc individual is that the Rc is an indication that the person is developing a conscience -- that is, there is an awareness, the beginning of working at understanding things that are going on around them, at understanding better the things that are right and the things that are wrong, and to be able to believe in this sense of right and wrong.

A characteristic of an EuRcAu individual is that he is likely to have (for the first time) to begin to develop and to live in accordance with a set of principles. However, because he's Eu and Au, he is going to be completely dependent upon the people in the environment to tell him what those principles are; and because he's R, he's going to be relatively literal and precise in the way in which he accepts the responsibility of understanding what is right or wrong. Consequently, an EuRcAu individual is likely to be a little bit more perceptive, a little more sensitive in how they respond to the authority figures in the environment.

An EuRuAu is likely to be someone who is responsive to any particular kind of dominance that is provided to him by the outside, whereas the EuRcAu is going to be much more likely to respond to defined guidance. Example: An EuRcAu individual growing up in a Catholic community and being "defined" on the basis of which he must do what the priest wants him to do, is going to become very dependent upon the priest and upon what the priest says as the means of controlling his (R) tendency to be

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ruthless, selfish, etc. Consequently, he develops a conscience, i.e., an awareness that certain things are right and certain things are wrong, and that there are certain people in the environment who tell you right things and certain people who tell you wrong things. And the EuRcAu individual is going to do a very good job of learning who the right people are and who the wrong are, and he's going to be literal in the way in which he understands the code on the basis of which he can operate. An EuRcAu individual can be a crook ; but he will know what the code of a crook is, and he will be an honest, code-bound crook. Whereas the EuRuAu might screw his buddy without guilt, the EuRcAu might screw everybody else but be very careful not to screw his buddy. Therefore, the loyalty or the capacity to be able to do things quite literally and "right" is going to be greater in the EuRcAu than it is in the EuRuAu.

The EuRcAu begin to represent what might be called the world's loyal followers. They're followers because they're "u"; they have a tendency to be dependent; responsive, not particularly dominant, reactive, and they tend to begin to be very loyal to the documented people in their environment that they should be loyal to. They may be loyal wives, loyal husbands, etc. and this adaptation (EuRcAu) happens to be one of the most common of the ERA adjustment patterns -- latently, because, to some extent, the need to develop some kind of conscience is likely to be stronger in the break through the (R) tendencies, and the person cannot remain selfish, self-centered, and insulated.

One of the characteristics of the EuRcAu individual is a great deal of prejudice. Why? -- As they grow up in an environment, dependent upon external authority to define for them what is right and wrong; when they decide that something is defined as being right, it is going to be independently difficult to get that individual to see that there is anything

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particularly different. This kind of logic-^{eight}type compartmentation is likely to exist in the EuRcAu individual. Logic-^{tight}type compartmentation in the sense that it is defined that something is right and something is wrong, and it is very difficult to ever get them to change in any particular way.